[bureau_name] [bureau_address]	
	Date: [curr_date]
Hi,	
I would like to place a security freeze on my credit file effective today.	
My name is [First Name] [Last_name] and my current address is:	
]address] [city], [state] [postal_code].	
Born on: [bdate]	
My Social is: [ss_number]	
I have included copies of my ID and Proof of Address	
Additionally please send me a copy of the consumer credit file that includ inquiries, accounts, collections, and anything else that a creditor may take deciding to grant or deny me credit.	
Thank you!	
[first_name]	

[sign]